PE Intent

We aim to engage and inspire pupils to take part fully in PE and develop a lifelong love of physical activity, sport and exercise.

We aim to provide pupils with the knowledge and skills to become physically confident in a way that supports their health and fitness. The PE curriculum is planned and sequenced so that new knowledge and skills build upon previous learning. It focusses on the development of agility, balance and coordination. It also develops healthy competition and cooperative learning through appropriate challenge and support. Pupils develop a sound knowledge of these fundamental skills. They are able to apply them into competitive situations as well as developing teamwork and collaboration.

PE supports pupils' oracy skills. It provides them with effective language experiences. This is done through the promotion of specialist and technical vocabulary. We also encourage questioning and feedback on performance. Group work and other aspects of co-operative learning is a key part of this.

We ensure that enough time is provided, so that all children receive at least two hours of high-quality PE lessons per week.

Also, we provide opportunities for pupils to take part in extracurricular activities. Staff provide a range of active afterschool clubs and sporting competitions. These activities build character and help embed important values such as fairness and respect.

Throughout the academy, pupils continue to deepen their application and development of a broader range of skills. They learn how to use them in different ways and to link them to make actions and sequences of movement. Through our curriculum, we encourage communication, collaboration and competition. They develop an understanding of how to improve in different physical activities and sports. They learn how to evaluate and recognise their own successes. Also, Year 5 pupils attend swimming and water safety lessons. They learn to swim competently, confidently and proficiently. This is over a distance of at least 25 metres using a range of strokes effectively. Also, they perform safe self-rescue in different water-based situations.